

# HOLY WEEK KIT 2020 FOR THE FAMILY & HOUSEHOLD

(IN THE LIGHT OF COVID-19 PANDEMIC)

**TO BE PRAYED AT A SPECIFIC TIME SCHEDULED BY THE FAMILY & HOUSEHOLD**

# STAY UNITED IN THE BODY OF CHRIST



***“Now, you are the body of Christ and each one of you individually is a member of it. So God has appointed us in the Church. First apostles, second prophets, third teachers. Then comes miracles, then the gift of healing, material help, administration in the Church and the gift of tongues”.***  
***(1 Corinthians 12: 27-28)***

# A JOURNEY WITH THE DIVINE JESUS

*Dear Lord Jesus,*

*As we immerse ourselves and walk closely with You on this journey of **PASSION, DEATH and RESURRECTION** this week, help us to spiritually unite ourselves with You through our concrete unity with one another here.*

*Help us to be a blessing to each other, in small but meaningful ways. Teach us, Lord Jesus, to be kind and gentle with our actions, charitable and nonjudgmental with our words, humble and forgiving in our thoughts, as we strive to be generous and patient with our love for one another.*

*May our unity with one another be our gift of love for You and an offering of hope and healing for the good of the whole world . **AMEN***

# GOOD FRIDAY (THE LORD'S PASSION)



# GOOD FRIDAY (THE LORD'S PASSION)

DAY OF FASTING & ABSTINENCE

Together:

*Dear Lord Jesus, as we reflect on **Your passion and death** today by walking with you on the road to Calvary, we also want to reflect on **Your tremendous love for us** to the extend of suffering and dying for our sins, for my sins, on the Cross.*

Mercy is the bridge that connects God and Man  
~ Msericordiae Vultus (M2) ~



# GOOD FRIDAY (THE LORD'S PASSION)

God of mercy and compassion  
Look with pity upon me!  
Father! Let me call Thee “Father.”  
‘Tis thy child returns to Thee

*Jesus, Lord! I ask for mercy,  
Let me not implore in vain!  
All my sins I now detest them,  
Help me not to sin again*

# GOOD FRIDAY (THE LORD'S PASSION)

By my sins I have deserved,  
Death and endless misery,  
Hell with all its pains and torments  
And for all eternity

*Jesus, Lord! I ask for mercy,  
Let me not implore in vain!  
All my sins I now detest them,  
Help me not to sin again*

# GOOD FRIDAY (THE LORD'S PASSION)

† *In the Name of the Father, and of the Son, and of the Holy Spirit, Amen* †

## *Together:*

*O God You willed your Son to undergo for us the humiliation of the cross to deliver us from the power of evil. We pray to you, fill our hearts with love for Christ and sorrow for sin, and grant that we may gain the grace of His Resurrection.*



# GOOD FRIDAY (THE LORD'S PASSION)

## Opening Prayer

***My Lord and Redeemer, You have shown us how to live by your life and by your death. When we compare your life to ours, we start asking questions about ourselves. Sometimes, Lord, the ocean of life seems so wide and so deep and our ship oars so small. Help us to grow and to understand You and ourselves better. We ask You to help us to accept life and everything that comes with it. Amen.***

# THE FIRST STATION

## Jesus is condemned to death



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE FIRST STATION

## Jesus is condemned to death



### ***Leader:***

*It is Friday early in the morning, Jesus is brought from Caiaphas the High Priest to Pontius Pilate, the Governor, on trumped-up charges of treason and is condemned to death. Jesus had nothing but love for people, yet He was condemned to die a brutal death.*

# THE FIRST STATION

## Jesus is condemned to death

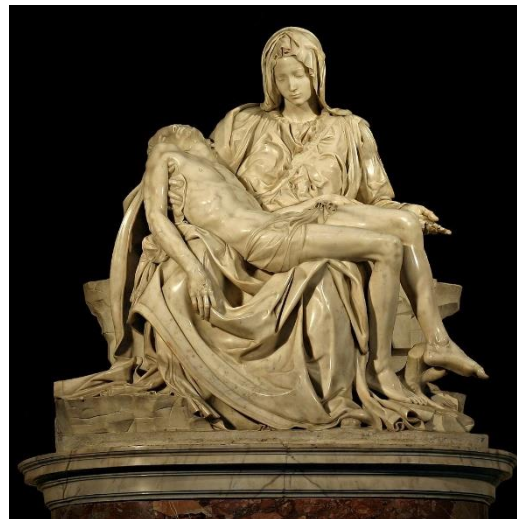
### Together:

**Lord Jesus, often I judged others and fail to be understanding or loving. Help me to see the people in my life through your eyes, not the eyes of Pontius Pilate. Teach me by this station to help build up each and every person I meet, rather than tear them apart by my malicious criticism and condemnation. Amen.**

# THE FIRST STATION

## Jesus is condemned to death

**At the cross her station keeping,  
Stood the mournful mother weeping,  
Close to Jesus to the last.**



# THE SECOND STATION

## Jesus carries the cross



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.



# THE SECOND STATION

## Jesus carries the cross



### **Leader:**

*A heavy cross is thrust into Jesus' arms. He is ordered to carry it to the site of His execution. Jesus accepts the cross. Carrying it by Himself, He goes out to the place of the Skull – Golgotha – to be crucified with two other men. The weight of the cross shows heavily on the brow and the face of Jesus. Yet, He moves forward without a word of complaint.*

# THE SECOND STATION

## Jesus carries the cross

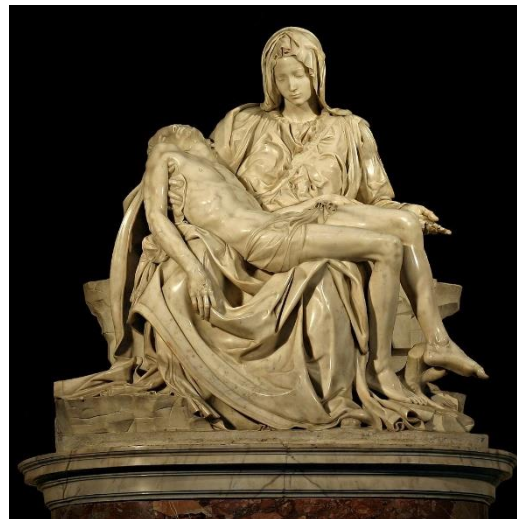
### Together:

**Lord Jesus, You embraced your cross to redeem the world. Help me to embrace the cross in my life – the hardships, struggles, disappointments and pain. Only by recognizing my own weakness can I discover your strength.**

# THE SECOND STATION

## Jesus carries the cross

**Through her heart, his sorrow sharing,  
All his bitter anguish bearing,  
Now at length the sword has passed.**



# THE THIRD STATION

## Jesus falls the first time



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE THIRD STATION

## Jesus falls the first time



### ***Leader:***

*The Cross is heavy and the road to Calvary, the road to Golgotha – the place of death – is long. Jesus, weary from lack of sleep, loneliness, fear, and the beatings He received slumps to the ground. Soldiers quickly drag Him to His feet again.*

# THE THIRD STATION

## Jesus falls the first time

### Together:

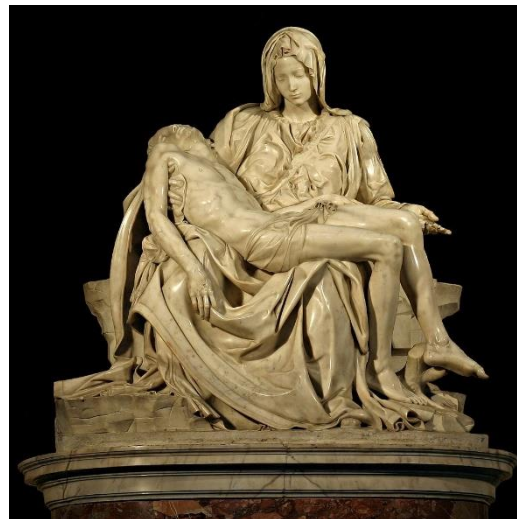
**Lord Jesus, You know how often I fall trying to follow You. Yet, You are always there to lift me up. Help me always to trust in your loving care for me and never let me become so discouraged that I give in to failure. Help me always to know my strengths through my weaknesses.**



# THE THIRD STATION

## Jesus falls the first time

**Oh, how sad and sore distress'd  
Was that mother highly blest  
Of the sole-begotten One!**



# THE FOURTH STATION

## Jesus meets His Mother



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE FOURTH STATION

## Jesus meets His Mother



### **Leader:**

*Mary was waiting for her dear Son to pass; her silent presence was great comfort to Jesus. She is teaching us to feel and to show sympathy for those who suffer. There is no need for many words; our friendly presence or deeds of kindness can convey our loving care for our suffering neighbour.*

# THE FOURTH STATION

## Jesus meets His Mother

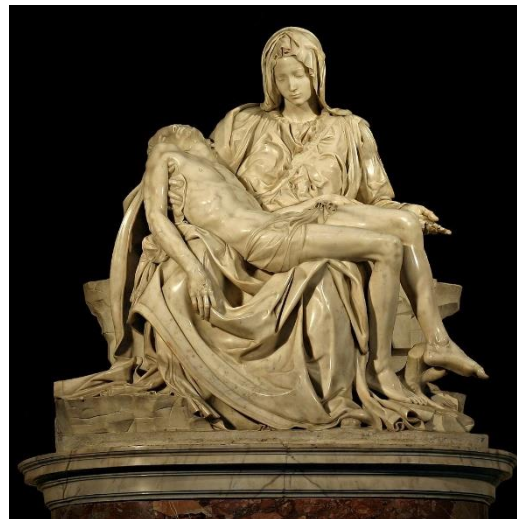
### Together:

**Dear Lord, Your mother's grief was surpassed by her love for You. So often You come to me in others and their love gives me new life. Help me to see how often You love me through the people in my life.**

# THE FOURTH STATION

## Jesus meets His Mother

**Christ above in torment hangs;  
She beneath beholds the pangs  
Of her dying glorious Son.**



# THE FIFTH STATION

## Simon of Cyrene helps Jesus carry His cross



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.



# THE FIFTH STATION

## Simon of Cyrene helps Jesus carry His cross



### ***Leader:***

*Jesus is faltering under the load. The soldiers fear that He might die along the way. They seize Simon of Cyrene, put the cross on his shoulders, too, as he stands behind Jesus and make him help shoulder the load.*

# THE FIFTH STATION

## Simon of Cyrene helps Jesus carry His cross

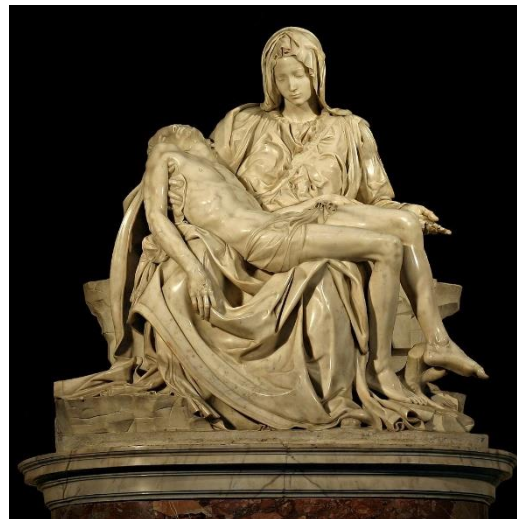
### Together:

**Lord Jesus, sometimes I am indifferent to the needs of others in my life. I even neglect those whom I love. Help me to see that loving others is the surest way to find You in my life.**

# THE FIFTH STATION

## Simon of Cyrene helps Jesus carry His cross

**Is there one who would not weep,  
Whelm'd in miseries so deep  
Christ's dear mother to behold?**



# THE SIXTH STATION

## Veronica wipes the face of Jesus



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE SIXTH STATION

## Veronica wipes the face of Jesus



### **Leader:**

*This lady showed great determination and courage in waiting for Jesus and wiping His face in spite of the hostile crowd. She sees only the person in need and gives help without thinking of the possible consequences to herself. How often are we not prevented from doing good by fear of what people may say or think?*

# THE SIXTH STATION

## Veronica wipes the face of Jesus

### Together:

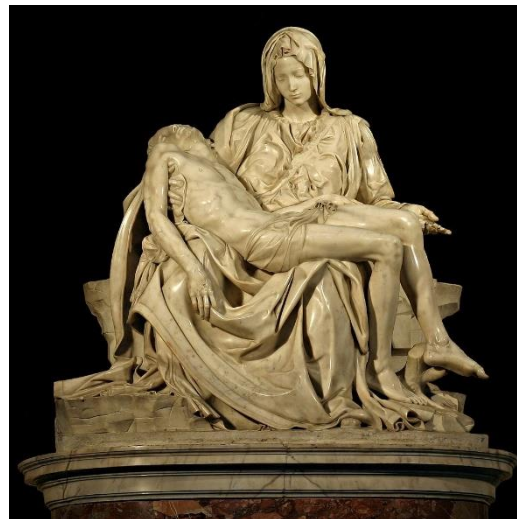
**Lord Jesus, at times I am afraid to reach out to others. I do nothing when I should act; I say nothing when I should speak out. Give me a deeper and more courageous faith. Help me to trust that You are with me.**



# THE SIXTH STATION

## Veronica wipes the face of Jesus

**Can the human heart refrain  
From partaking in her pain,  
In that mother's pain untold?**



# THE SEVENTH STATION

## Jesus falls the second time



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE SEVENTH STATION

## Jesus falls the second time

### **Leader:**

*Jesus falls again, despite the help of Simon. He lies sprawled in the dirt, sweat beading on his face, mingling with the blood from cuts on His forehead and the dust of these well-travelled streets. The soldiers, impatient and anxious to be over this job, roughly drag Him to His feet again, cursing Him.*



# THE SEVENTH STATION

## Jesus falls the second time

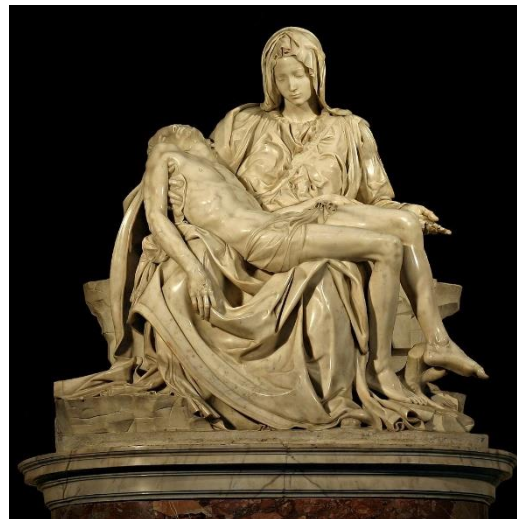
### Together:

**Lord Jesus, failure and disappointment sometimes lead me to despair. I hide behind my pride and self-pity withdrawing from you and others. Give me the hope I need and help me never to be afraid to begin again.**

# THE SEVENTH STATION

## Jesus falls the second time

**Bruis'd, derided, curs'd, defil'd,  
She beheld her tender child:  
All with bloody scourges rent.**



# THE EIGHTH STATION

## Jesus meets the women of Jerusalem



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.



# THE EIGHTH STATION

## Jesus meets the women of Jerusalem



### **Leader:**

*A large crowd of women have followed Jesus' path to Golgotha. They are weeping and wailing in traditional mourning for this man, their friend. They are overcome by their grief and by their helplessness. Jesus says to them, "Don't weep for me but for yourselves and your children."*

# THE EIGHTH STATION

## Jesus meets the women of Jerusalem

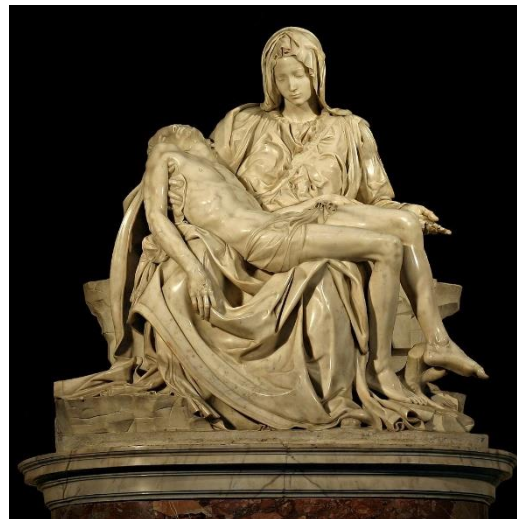
### Together:

**Lord Jesus, once again I pray to You for the courage to repent and to change. Let me not simply moan and do nothing. Let the experience of my past sins teach me to rely on God's grace and be aware of my weakness.**

# THE EIGHTH STATION

## Jesus meets the women of Jerusalem

**For the sins of his own nation  
Saw Him hang in desolation,  
Till his spirit forth He sent.**



# THE NINTH STATION

## Jesus falls the third time



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE NINTH STATION

## Jesus falls the third time



### **Leader:**

*Jesus, completely overcome by physical weakness, slumps under the cross for the final time. We've slipped, we've stumbled, we've fallen many times in life. Each time we look at ourselves as being a no-good, worthless wretch. Our self-images were getting worse with each slip in life. It was only then when we learned to live one day at a time and not look at our past or worry about all the tomorrows that we could live in the here and now.*



# THE NINTH STATION

## Jesus falls the third time

### Together:

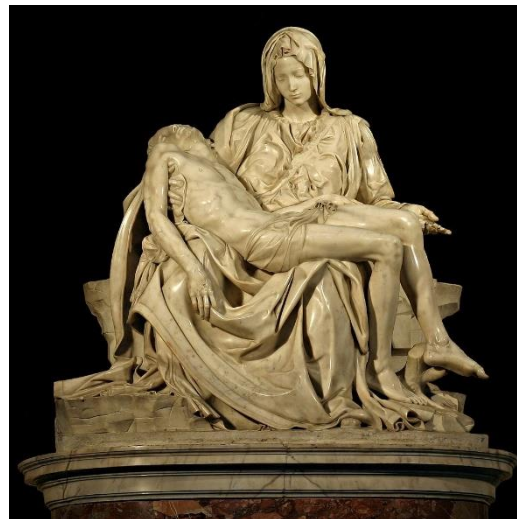
**Lord Jesus, your failing strength makes me see how helpless I am. Without you, I can do nothing. Help me to rely on your strength, to see how much I need you and teach me not to condemn myself so much that I give up in despair.**



# THE NINTH STATION

## Jesus falls the third time

**O thou mother! Fount of love!  
Touch my spirit from above,  
Make my heart with thine accord.**



# THE TENTH STATION

## Jesus is stripped of His garments



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE TENTH STATION

## Jesus is stripped of His garments



### **Leader:**

*Finally they arrive at the God-forsaken place where He will be crucified. People dump their garbage here. Hurriedly, roughly, His clothes are stripped from His back leaving Him naked, exhausted and humiliated... nothing left, not even dignity. Is this His poverty or is it our's? We took His clothes, His dignity much like this world strips hundreds and thousands of its people with its greed and its' uncaring. Our selfishness stands exposed for what it is when we allow Jesus to be stripped of everything.*

# **THE TENTH STATION**

## **Jesus is stripped of His garments**

### **Together:**

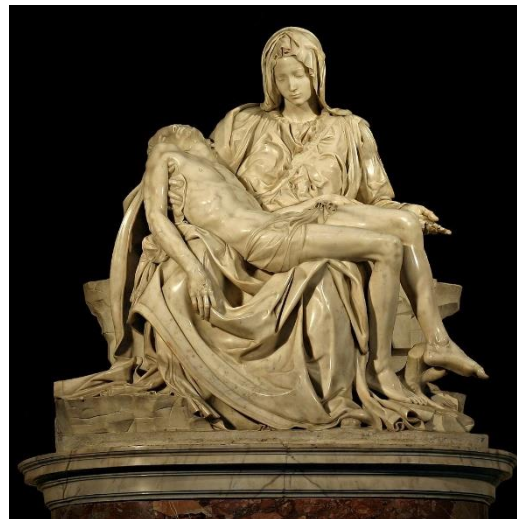
**Lord Jesus, seeing You so cruelly humiliated makes me realize how I cling to my accomplishments, my possessions, my way.**

**Help me to let go of those things in my life that prevent me from growing closer to You and others. Teach me never to yearn for the great and noble things of life, but may the little acts of kindness and love in my life be many.**

# THE TENTH STATION

## Jesus is stripped of His garments

**Make me feel as thou has felt;  
Make my soul to grow and melt  
With the love of Christ our Lord.**





# THE ELEVENTH STATION

## Jesus is nailed to the cross



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.



# THE ELEVENTH STATION

## Jesus is nailed to the cross



### ***Leader:***

*Roughly, contemptuously, the soldiers thrust Jesus down onto His cross. Holding Him down, they pound the nails through His hands and feet. After He is lifted up, the soldiers throw a dice for His clothing. Arms and hands that were always extended in love are now extended and fastened to the wood of the cross.*

# THE ELEVENTH STATION

## Jesus is nailed to the cross

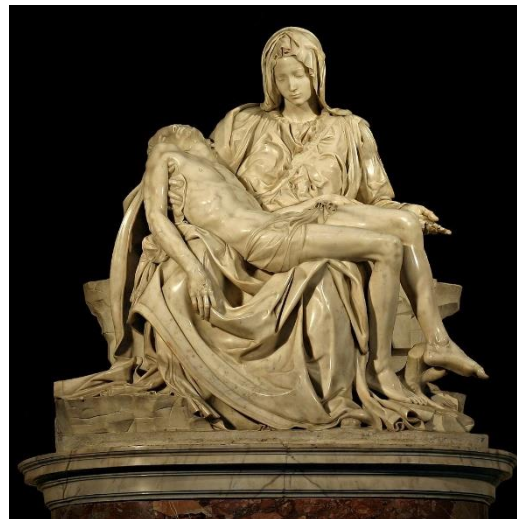
### Together:

**Lord Jesus, I can never doubt your great love for me when I see  
You crucified. Help me to see Your cross as the great sign of  
Your love for me and help me to turn to You, to embrace You  
and the yoke You have offered me.**

# THE ELEVENTH STATION

## Jesus is nailed to the cross

**Holy mother! Pierce me through,  
In my heart each wound renew  
Of my Saviour crucified.**



# THE TWELFTH STATION

## Jesus dies on the cross



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE TWELFTH STATION

## Jesus dies on the cross



### **Leader:**

*“My people, what have I done to you or in what have I offended you? What more should I have done, and did not do? I led you out of the land of Egypt, and you prepared a cross for me. I opened the Red Sea before you, and you opened my side with a lance. I gave you a royal scepter and you gave me a crown of thorns. With great power I lifted you up and you hung me upon a cross”. (cont..)*

# THE TWELFTH STATION

## Jesus dies on the cross



### ***Leader:***

*It was now about the 6<sup>th</sup> hour and there was darkness over the whole land until the 9th hour. Jesus cried out with a loud voice and said. “It is finished. Father, into your hands I commend my spirit”. Then, bowing His head, He died.*

***(Please kneel)***



# THE TWELFTH STATION

## Jesus dies on the cross

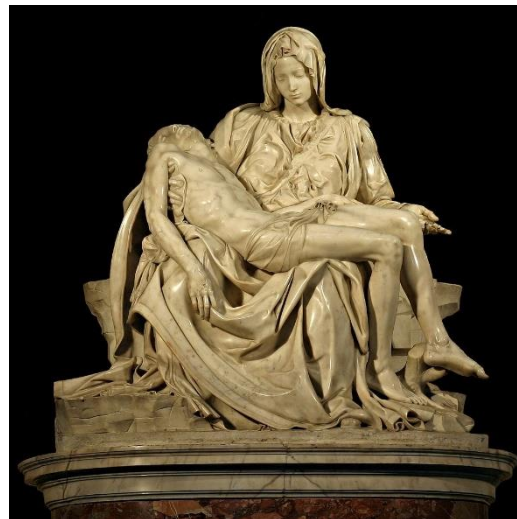
### Together:

**Lord, Your broken and lifeless body calls me to deeper faith. You chose death, even death on the cross. Your death teaches me that I have to die to sin and selfishness in order to bear fruits of holiness and salvation. Help me to see my crosses as ways of loving You.**

# THE TWELFTH STATION

## Jesus dies on the cross

**Let me share with thee his pain,  
Who for all my sins was slain,  
Who for me in torments died.**



# THE THIRTEENTH STATION

## The body of Jesus is taken down from the cross



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE THIRTEENTH STATION

## The body of Jesus is taken down from the cross



### ***Leader:***

*Mary stood at the foot of the cross and had to watch her dear Son die in great torment; now she receives His dead body in her arms. She understands the anguish and anxiety of people who suffer for their dear ones who may be stricken with sickness or detained in prison. She is the mother of the afflicted.*

# **THE THIRTEENTH STATION**

## **The body of Jesus is taken down from the cross**

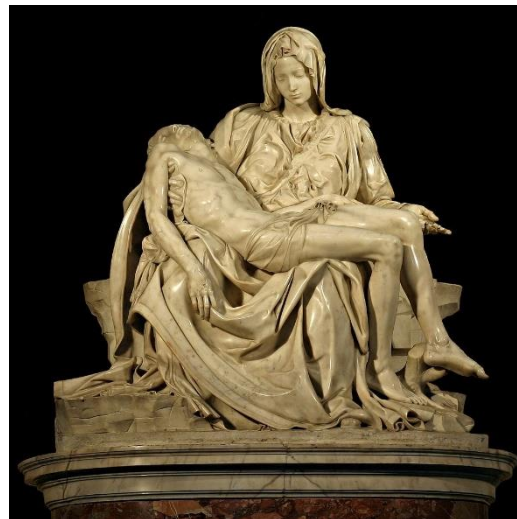
### **Together:**

**Beloved Saviour, You returned to the Father all that He had given You, so that He might restore all to You a hundred-fold in the glorious resurrection. Help us, we beg You, to give generously of ourselves in all that we do for You, so that like You we might be made perfect in a new resurrection.**

# **THE THIRTEENTH STATION**

## **The body of Jesus is taken down from the cross**

**Let me mingle tears with thee  
Mourning Him who mourn'd for me,  
All the days that I may live.**





# THE FOURTEENTH STATION

## Jesus is laid in the tomb



***Leader:***

We bless You, O Lord, and glorify  
Your name

*(PLEASE BOW)*

***Together:***

Because by Your passion, death and  
resurrection You have saved the  
world.

# THE FOURTEENTH STATION

## Jesus is laid in the tomb



### **Leader:**

*Jesus is laid in the tomb. Jesus lived so humbly and simply that He had no place to be buried. They laid Him in the burial place of a stranger. As the soldier closed the door on the tomb of Jesus, a new chapter of the person and life of Jesus opened. I know that if I turn my life and will over to the care of God, I can be transformed into a new person. My hatred can be turned into love and kindness; my sadness turned into joy; and where there is despair, I can find hope. My weakness can be turned into strength.*

# THE FOURTEENTH STATION

## Jesus is laid in the tomb

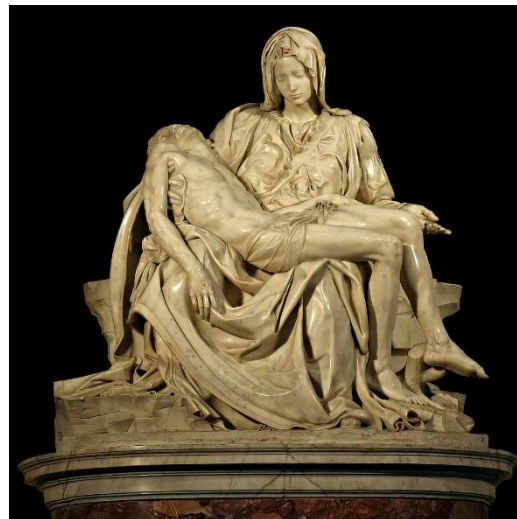
### Together:

**Lord Jesus, when I see the great stone sealing Your tomb, I feel alone and abandoned. Even though You sometimes seem distant or absent in my life, help me always to believe in Your closeness and loving presence. Teach me by Your tremendous courage to face everything in life, even death itself, and never to fear. Help me my God to never fear anything but fear itself.**

# THE FOURTEENTH STATION

## Jesus is laid in the tomb

**By the cross with thee to stay,  
There with thee to weep and pray,  
Is all I ask of thee to give.**



# GOOD FRIDAY (THE LORD'S PASSION)

## Closing Prayer

***Lord Jesus, help me to walk with You each day of my life, even to Calvary. The sorrow and joy, the pain and healings, the failures and triumphs of my life are truly small deaths and resurrection that lead me to closeness with you. Give me the faith and trust I need to walk with you always.***

***Be merciful to me, O my God and reject not my prayers, when amid my afflictions, I call upon thy Holy Name and seek with love and confidence thine adorable face. Amen.***

# GOOD FRIDAY (THE LORD'S PASSION)

*Let us pray for our Holy Father's intentions:*

Our Father, who are in heaven, hallowed be Thy Name  
Thy Kingdom come, Thy Will be done on earth as it is in heaven  
Give us this day our daily bread and forgive us our trespasses  
As we forgive those who trespass against us  
And lead us not into temptation but deliver us from evil.

Hail, Mary, full of grace, the Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death.  
Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world without end.



# GOOD FRIDAY (THE LORD'S PASSION)

By my sins I have abandoned  
Right and claim to heaven above  
Where the saints rejoice for ever  
In a boundless sea of love

*Jesus, Lord! I ask for mercy,  
Let me not implore in vain!  
All my sins I now detest them,  
Help me not to sin again*

# GOOD FRIDAY (THE LORD'S PASSION)

See, our Saviour, bleeding, dying  
On the Cross of Calvary;  
To that Cross my sins have nailed Him  
Yet He bleeds and dies for me

*Jesus, Lord! I ask for mercy,  
Let me not implore in vain!  
All my sins I now detest them,  
Help me not to sin again*

# GOOD FRIDAY (THE LORD'S PASSION)

## VENERATION OF THE CROSS

*Holding a crucifix in our hands, let us **INDIVIDUALLY** take a moment to gaze at the cross with reverence and pass it on to the next person.*



# GOOD FRIDAY (THE LORD'S PASSION)

## VENERATION OF THE CROSS

***Together:***

*We worship you, Lord,*

*We venerate your cross,*

*We praise your resurrection.*

*Through the cross you brought joy to the world.*

*May God be gracious and bless us;*

*And let his face shed its light upon us.*

*Amen.*

